



**Clark
County
Chapter**

**SIZE SAVVY HEALTHCARE
PROVIDERS
Review Form**

Name of Healthcare Provider:		Dr Arjun Gururaj	
Name of Healthcare Group:		Nevada Heart & Vascular Center	
Type of Practice:		Specialty Care	
Specialty:	Cardiology	Website:	www.nevadaheart.com
Address:	5795 Arville St, Suite 200, Las Vegas, NV 89118		
Area of CC:	Southwest Las Vegas	Phone Number:	702-227-3422
Review of Facility, Equipment and Staff:			
<p>Waiting Room: (check all that are appropriate)</p> <p><input type="checkbox"/> Sturdy, armless chairs, couches or benches are available</p> <p><input type="checkbox"/> Chair/couches are 6" – 8" apart from each other</p> <p><input type="checkbox"/> Information and wall decor in the waiting room reflects diversity, including size diversity, and weight neutral atmosphere</p> <p><input type="checkbox"/> The reception counter includes one that is the appropriate height for wheelchairs or scooters</p>		<p>Examination Room: (check all that are appropriate)</p> <p><input checked="" type="checkbox"/> Exam tables are wide enough to accommodate people with wide bodies</p> <p><input type="checkbox"/> Exam tables are bolted to the floor for more stability</p> <p><input checked="" type="checkbox"/> A sturdy stool is provided to assist the large patient in getting onto the exam table</p> <p><input checked="" type="checkbox"/> Armless chairs are available</p> <p><input type="checkbox"/> Literature and wall décor are body-positive and weight neutral atmosphere</p>	
<p>Equipment: (check all that are appropriate)</p> <p><input checked="" type="checkbox"/> Large hospital gowns are available</p> <p><input checked="" type="checkbox"/> Large blood pressure cuffs are used</p> <p><input type="checkbox"/> Longer needles and tourniquets are available</p> <p><input type="checkbox"/> Lavatories are pedestal-type and not hanging from the wall</p> <p><input type="checkbox"/> A urine specimen device with a handle or a "hat" is available for urine collection</p>		<p>Staff: (check all that are appropriate)</p> <p><input checked="" type="checkbox"/> Staff are friendly and helpful</p> <p><input checked="" type="checkbox"/> Office staff reflect the diverse patient population [which includes size]</p> <p><input type="checkbox"/> Patients are not automatically weighed, unless there is a compelling reason to do so</p> <p><input type="checkbox"/> If weighing is necessary, staff ensures it is done so in a private setting, without comment</p>	
<p>Physician/Therapist: (check all that are appropriate)</p> <p><input checked="" type="checkbox"/> This healthcare professional treats patients as individuals and with respect</p> <p><input checked="" type="checkbox"/> Weight loss is not the standard recommended treatment</p> <p><input checked="" type="checkbox"/> They respect the patient's health care priorities and address their chief complaint</p> <p><input checked="" type="checkbox"/> They engage in health-centered, non-weight focused language (i.e., avoid the term obese)</p>			

Physician/Therapist Cont'd: (check all that are appropriate)

- The healthcare professional is familiar with Health At Every Size (HAES) principles and incorporates them into their practice
- The same diagnostic tests are performed on patients of large body size as any other patient
- If diagnostic tests are required, the large patient is referred to offices where diagnostic equipment has an appropriate weight maximum – if unsure, the provider's staff follows up to find diagnostic equipment that will handle the patient's weight
- Any counseling about exercise is done so without linking it to weight or weight reduction
- The healthcare professional is open to questions the patient may have about alternative therapies or health solutions

Comments about this Healthcare Provider:

Dr Gururaj is a caring, respectful physician that is there to help you with any cardiac issue you may have. He specializes in patients with A-Fib and performs cardiac ablations. He has performed three surgical procedures on me with no apprehension or mention of my weight. He and his staff are very efficient and straight-forward. Support/nursing staff are friendly and accommodating and treat you with respect.

Comments about the Facility or Equipment:

The office waiting room only has chairs with arms but armless chairs are available in the examination rooms and could be brought out if needed. Exam tables are a little shaky and could be bolted to the floor to make them feel more secure. This is a diagnostic center and they have their own imaging equipment rather than requiring you to go elsewhere.

I recommend this provider

I do not recommend this provider

Name of
Reviewer:

radfatty

Date:

3/1/14



ARJUN V. GURURAJ, M.D.

Board Certified Cardiovascular Disease
and Electrophysiology

Dr. Gururaj was raised in New York and Texas, attended Cornell University for his undergraduate studies, and attended the University of Texas for medical school. He relocated for his postgraduate education in medicine to Boston, at which time he completed his training in Internal Medicine, Cardiology and Cardiac Electrophysiology at Boston University School of Medicine. Initially remaining on faculty at Boston University, he became Co-director for Cardiac Science Education for the

School of Medicine while teaching fellows the latest techniques in arrhythmia management. Dr. Gururaj's interests include General Electrophysiology which includes those patients with cardiac rhythm disturbances. He is adept at complex ablation therapy and has special interest in heart failure and implantable defibrillator therapy for this disorder. He is one of a few physicians in the United States that hosts a national teaching course to help other Cardiologists learn the surgical techniques of heart failure device implantation. He also performs the latest procedures for the therapy of atrial fibrillation, a disorder that can be debilitating for many. Dr. Gururaj is Board Certified in the disciplines of Cardiovascular Disease and Electrophysiology.



OUR LOCATIONS:

5795 Arville St Suite 200 LV, NV. 89118

9414 Del Webb Blvd. LV, NV. 89134

3150 N. Tenaya Way Suite 320 LV, NV. 89128

4275 S. Burnham Ave. Suite 100 LV, NV. 89119

500 E. Windmill Lane Suite 140 LV, NV. 89123

38 Water Street Suite 310 Henderson, NV. 89015

2779 W. Horizon Ridge Pkwy Suite 240
Henderson, NV. 89052

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