



**Clark  
County  
Chapter**

**SIZE SAVVY HEALTHCARE  
PROVIDERS  
Review Form**

Name of Healthcare Provider:		Peter Philander, MD	
Name of Healthcare Group:		Zeeba Sleep Center	
Type of Practice:		Primary Care	
Specialty:	None Specified	Other:	Family Practice
Address:	2481 Professional Ct, Las Vegas, NV 89128		
Area of CC:	Northwest Las Vegas	Phone Number:	702-382-1599
Review of Facility, Equipment and Staff:			
<p>Waiting Room: (check all that are appropriate)</p> <p><input checked="" type="checkbox"/> Sturdy, armless chairs, couches or benches are available</p> <p><input type="checkbox"/> Chair/couches are 6" – 8" apart from each other</p> <p><input checked="" type="checkbox"/> Information and wall decor in the waiting room reflects diversity, including size diversity, and weight neutral atmosphere</p> <p><input type="checkbox"/> The reception counter includes one that is the appropriate height for wheelchairs or scooters</p>		<p>Examination Room: (check all that are appropriate)</p> <p><input checked="" type="checkbox"/> Exam tables are wide enough to accommodate people with wide bodies</p> <p><input type="checkbox"/> Exam tables are bolted to the floor for more stability</p> <p><input checked="" type="checkbox"/> A sturdy stool is provided to assist the large patient in getting onto the exam table</p> <p><input checked="" type="checkbox"/> Armless chairs are available</p> <p><input checked="" type="checkbox"/> Literature and wall décor are body-positive and weight neutral atmosphere</p>	
<p>Equipment: (check all that are appropriate)</p> <p><input checked="" type="checkbox"/> Large hospital gowns are available</p> <p><input checked="" type="checkbox"/> Large blood pressure cuffs are used</p> <p><input checked="" type="checkbox"/> Longer needles and tourniquets are available</p> <p><input checked="" type="checkbox"/> Lavatories are pedestal-type and not hanging from the wall</p> <p><input type="checkbox"/> A urine specimen device with a handle or a "hat" is available for urine collection</p>		<p>Staff: (check all that are appropriate)</p> <p><input checked="" type="checkbox"/> Staff are friendly and helpful</p> <p><input checked="" type="checkbox"/> Office staff reflect the diverse patient population [which includes size]</p> <p><input type="checkbox"/> Patients are not automatically weighed, unless there is a compelling reason to do so</p> <p><input checked="" type="checkbox"/> If weighing is necessary, staff ensures it is done so in a private setting, without comment</p>	
<p>Physician/Therapist: (check all that are appropriate)</p> <p><input checked="" type="checkbox"/> This healthcare professional treats patients as individuals and with respect</p> <p><input checked="" type="checkbox"/> Weight loss is not the standard recommended treatment</p> <p><input checked="" type="checkbox"/> They respect the patient's health care priorities and address their chief complaint</p> <p><input checked="" type="checkbox"/> They engage in health-centered, non-weight focused language (i.e., avoid the term obese)</p>			

Physician/Therapist Cont'd: (check all that are appropriate)

- The healthcare professional is familiar with Health At Every Size (HAES) principles and incorporates them into their practice
- The same diagnostic tests are performed on patients of large body size as any other patient
- If diagnostic tests are required, the large patient is referred to offices where diagnostic equipment has an appropriate weight maximum – if unsure, the provider's staff follows up to find diagnostic equipment that will handle the patient's weight
- Any counseling about exercise is done so without linking it to weight or weight reduction
- The healthcare professional is open to questions the patient may have about alternative therapies or health solutions

Comments about this Healthcare Provider:

I have been using this MD for 10 years. He is smart and never makes me feel different than any other patient.

Comments about the Facility or Equipment:

I recommend this provider

I do not recommend this provider

Name of Reviewer: Sally

Date:

3/15/14