

## OUR VISION

A society in which people of every size are accepted with dignity and equality in all aspects of life.

## OUR MISSION

To eliminate discrimination based on body size and provide fat people with the tools for self-empowerment through public education, advocacy, and support.

## OUR PROMISE

NAAFA will be a powerful force for positive social change. Using our collective will, talents and resources, we will improve the world — not just for fat people, but for everyone.

We Come in All Sizes...

Understand it.  
Support it.  
Accept it.



# We Come in All Sizes...

NAAFA was established in 1969 as a non-profit civil rights organization dedicated to ending size discrimination in all of its forms. NAAFA's goal is to help build a society in which people of every size are accepted with dignity and equality in all aspects of life. NAAFA pursues this goal through advocacy, public education, and support.

Weight/height discrimination is as prevalent as rates of racial discrimination.

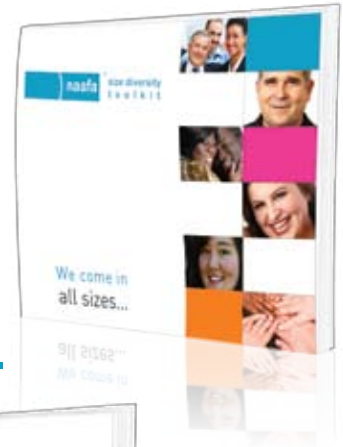
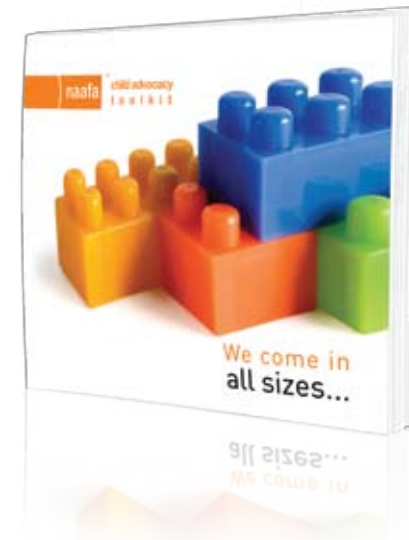
(Puhl et al 2008)

Size discrimination touches all races, genders & socioeconomic levels. As America battles for freedom & equality around the globe, it makes no sense that a second class of citizen is being created here at home. It is said that Obesity is a cost that is dragging our nation down, then what is the cost of size discrimination? What will its impact be on our nation's future?

We are a resource and ally to anyone interested in eliminating size discrimination.

To learn more about NAAFA to join or to make a donation visit [www.naafa.org](http://www.naafa.org)

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